



An Important Announcement

It is with the heaviest heart, deep gratitude, and one of the hardest decisions that I have ever had to make in my career that I share this news...my hands have requested they retire.

For the past 30 years, they have been massaging all you lovely people. I can only imagine how many treatments that adds up to, certainly a lot. I've enjoyed every minute and feel incredibly blessed to have helped all you lovely people on your wellbeing journeys.

I have been at Ministry of Yoga for around 10 years now and it has been a truly amazing chapter of my life. Shelley and Dan are two fabulous human beings, who have supported, helped, guided, shared fun and laughter, alongside their own journey creating the BEST community wellbeing space in Crewe. It has meant more to me than I can put into words.

A special mention too, to Monika & Piotre in the Open Mind Café – serving the FINEST “Monica’s Muffins” ever, to Kelly, for her wise advice and to David for keeping us on the ‘straight & narrow’ re-aligning us.

As for the yoga and Pilates teachers – they are all a cut above the rest. A work family to be proud of!

I plan to leave Healing Touch Holistic Therapies at the end of March 2026, so if you are currently on a course, or hold any vouchers, please book them in before I finish.

Although I am retiring from hands-on work due to ongoing aches and soreness, I'm not quite ready to stop completely, so have enrolled onto a course to re-train as a Master Celebrant covering Weddings, Funerals and Naming Ceremonies. I truly believe a change can be as good as a rest and I will be successful in continuing to help people with life experiences.

I will, of course still be coming to Ministry of Yoga, as it's too special a place to give up completely!

I hope to see you from time to time and thank you from the bottom of my heart for being part of this incredible journey.

Yours resignedly

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